



CROSS COUNTRY

We will be holding our annual Cross Country, Friday 4 April 2025. Please ensure your child wears comfortable running attire. Students are encouraged to wear house colours. **Falcons (Surname A-L): BLUE**, and **Goshawks (Surname M-Z): RED**.

Qualification to District Cross Country is dependent on the student's times not placing on the day. Ribbons will be handed out at the completion of the races.

Parent spectators are very welcome on the day.

- VENUE:** Crystal Creek Public School
- CANTEEN:** See P&C Hotdog Order Form
- DATE:** Friday 4 April 2025
- TIME:** 9:15am – 1pm (approx.)
- PROGRAM:** First Event: 9:30am – Boys 12/13 years 3000m

Girls 12/13 years 3000m
Boys 11 years 3000m
Girls 11 years 3000m
Boys 10 years 2000m
Girls 10 years 2000m

Fruit Break

Boys 8/9 years 2000m
Girls 8/9 years 2000m
Boys 7 years 1000m
Girls 7 years 1000m
Boys 5/6 years 500m
Girls 5/6 years 500m

REQUIREMENTS: **ALL** competitors **MUST** run in suitable running shoes. **(No barefoot or running spikes)**

Yours in Sport,

Mr Hughes



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