



# Crystal Creek Public School

Phone: 02 6679 1223

Email: [crystalcrk-p.school@det.nsw.edu.au](mailto:crystalcrk-p.school@det.nsw.edu.au)  
[www.crystalcrk-p.schools.nsw.edu.au](http://www.crystalcrk-p.schools.nsw.edu.au)

**TERM 3 WEEK 8, 8TH SEPTEMBER 2020**

## IMPORTANT DATES TO REMEMBER

|                        |   |
|------------------------|---|
| 9/9/2020               | Public Speaking Final<br>Change of date |
| 10/9/2020              | Book Club orders due                    |
| 15/9/2020 to 16/9/2020 | Healthy Harrold will visit              |
| 23/9/2020              | Fun Day                                 |
| 25/9/2020              | Last Day of Term 3                      |
| 12/10/2020             | <b>Term 4</b> Students and Staff return |

Late arrivals and early departures need to present to the office before taking the student out of class or delivering to the classroom.

## FROM THE PRINCIPAL'S DESK

### PARENT SURVEY RESULTS

Thank you to all of the parents who completed our brief Survey Monkey survey. Your feedback is extremely valuable in helping us plan for the future and improve our service. Results of the survey were as follows:

1. I regularly read the school newsletter – *100% Strongly agree*;
2. The newsletter is my main source of information about what is happening at school – *50% Strongly agree, 50% Agree*;
3. I know how to contact my child's classroom teacher – *50% Strongly agree, 50% Agree*; and
4. Even through the COVID 19 restrictions, I still feel connected to my child's school – *25% Strongly agree, 50% Agree, 25% Neither agree nor disagree*.

The comments left in the comment section also gave us some great ideas. We will continue to send home these very brief surveys from time to time and greatly appreciate your continued participation. Thank you.

## COVID UPDATE

There are no new COVID related updates that affect us since the last update sent on School Stream dated 22/07/20. All restrictions are still current. We will keep you posted as things change. Thank you again for your patience and understanding.

## SUE'S RETIREMENT!

Sue Turner has been working at Crystal Creek Public School as the School Administrative Manager since 2013. Sue took some leave this year which she must have enjoyed because she has decided to extend it permanently and retire! Over the last seven years Sue has been such a wonderful and invaluable asset to our school. She has diligently, caringly and successfully managed our front office from organising finances and all other administration duties; to putting Band-Aids on scraped knees and looking after kids in sick bay; to supporting families navigate the never ending list of notes, payments, uniforms, excursions, etc.

I saw Sue last week and it was heartening to see that her mind is no longer occupied with thoughts of budgets and deadlines, instead, she glowed as she talked about the new car and caravan she has bought with her husband Garry, and about all of the quality time she is spending with her children and five grandchildren. Sue will be sorely missed and we wish her all of the health and happiness she so well deserves in her retirement.





## STUDENT BANKING

Please send your banking books in by Friday each week. Thank you

## STUDENT ASSEMBLY

Congratulations to the following students

### STAR STUDENT

Sarah was our Star of the Week winner for Term 3 Week 7. Sarah is always kind and courteous to students and teachers alike and always does her best work in class. Sarah is a very deserving recipient of our Star of the Week Award.



**STAR STUDENT**  
**Term 3 Week 7**  
**SARAH**

## CLASS AWARDS



**K/1— Madelyn, Belle, Arabella, Poppie, Clayton and Asher**



**2/3/4—Romeo, Riley, Brody, Fern and Ben**

**5/6— Penny and Violet**



## PUBLIC SPEAKING

The following students were selected from each stage to participate in the Crystal Creek Public Speaking Competition on **Wednesday the 9th September, 2020 starting** at 9:00am.

Our judges Miss Purkiss and Miss Boxsell will move from class to class to hear the speeches as COVID-19 restrictions don't allow the stages to cross.

Parents and caregivers are not able to attend but a video will be taken of the children involved and shared with their parents.

Good luck to the following students tomorrow.

### Kindergarten ,Years One and Two

Students will speak for **1 to 1 ½ minutes**

Kindergarten— Mitchell and Belle

Year 1— Asher and Poppie

Year 2— Oliffe and Ben

### Years 3 and 4

Students will speak for **2 minutes.**

Year 3 — Hayden

Year 4 — Ella and Addison

### Years 5 and 6

Students will speak for **3 minutes**

Year 5— Cordelia, Amelia

Year 5— Violet and Matilda

## THANK YOU SAS STAFF FOR ALL YOU DO

Last week we celebrated **SASS Recognition Week!**

To our SASS colleagues Karen, Vicki, Dave, Anthony, Zoe, and Anna we would like to take this opportunity to thank you for everything you do every day, to ensure that our school runs smoothly and every student is known, valued and cared for.

## DRINK BOTTLES

Please make sure your child brings their own drink bottle with their name on it to school everyday, as all the bubblers are still closed.

Students are able to refill their drink bottles from the tap.







## BOOK CLUB

If you are placing a book club order please return it to the office by Thursday 10th September to ensure delivery before we break up for school holidays. Thank you

## SCHOOL PHOTOS LAST CHANCE

Our school photos were recently sent home. If you would like to purchase any of the Year 6, Group photos, Captain, Vice Captain or SRC photos they can be viewed in the office and ordered online using the code **20S6055EL42C**.

Prices are \$18.00 each, 2 for \$34.00, 3 for \$46.00, 4 for \$58.00 or 5 for \$70.00.



**Sports & Co-curricular Photo  
are now available**

Order online at

[www.theschoolphotographer.com.au](http://www.theschoolphotographer.com.au)

and use the online order code:

**20S6055EL42C**



## LIFE EDUCATION VISIT

Next Tuesday and Wednesday we are lucky enough to have the life education van visit us. If you have not yet returned your permission note and money to the office, please do so by this Friday 11th September. Thank you



Empowering our children and young people to make safer and healthier choices through education.



## PEANUT CHAIRS GREAT GIFT

**ONLY \$20.00 EACH RETAIL \$50.00**



### CHOOSE WATER as a drink

Water is the best drink. It has no added sugar. Fruit juice, soft drink, sports drinks and cordials have a lot of sugar. Kids should not drink these every day. Tap water is the best choice. Most tap water contains fluoride which helps kids grow strong teeth.

#### HOW MUCH WATER SHOULD KIDS DRINK EACH DAY?

| Age Group  | Amount                          |
|------------|---------------------------------|
| 1-5 years  | 5 x 250ml glasses = 1.25 litres |
| 6-12 years | 6 x 250ml glasses = 1.5 litres  |

*Extra water if you are active*

#### HOW MUCH SUGAR IS IN DRINKS?

| Category              | Item                  | Amount | Sugar Content                           |
|-----------------------|-----------------------|--------|---|
| BEST CHOICE           | No sugar Water        | 250ml  | No added sugar                          |
|                       | Plain milk            | 250ml  | No added sugar                          |
| LIMIT                 | 100% Fruit juice      | 250ml  | Not every day, limit to 1/2 cup (125ml) |
|                       | Cordial               | 250ml  | Not every day, limit to 1/2 cup (125ml) |
| AVOID - HIGH IN SUGAR | Energy drink          | 250ml  | Not every day, limit to 1/2 cup (125ml) |
|                       | Fruit Flavoured drink | 250ml  | Not every day, limit to 1/2 cup (125ml) |
|                       | Flavoured milk        | 600ml  | Not every day, limit to 1/2 cup (125ml) |
|                       | Sports drink          | 600ml  | Not every day, limit to 1/2 cup (125ml) |

1 teaspoon = 4g sugar

NSW HEALTHY NORMAL

This resource has been developed by Western Sydney Local Health District, published November 2018

### GET ACTIVE each day

Being active helps us stay healthy. Find lots of ways to be active each day.

#### HOW MUCH ACTIVITY SHOULD KIDS DO EACH DAY?

| Age Group    | Activity Level    | Duration  | Frequency      |
|--------------|-------------------|-----------|----------------|
| Toddlers     | ACTIVE PLAY       | 3 hours   | ACROSS THE DAY |
| 1-3 years    | ACTIVE PLAY       | 3 hours   | ACROSS THE DAY |
| Preschoolers |                   |           |                |
| 3-5 years    | ACTIVE PLAY       | 3 hours   | ACROSS THE DAY |
| School age   |                   |           |                |
| 5-12 years   | PHYSICAL ACTIVITY | 1-3 hours | ACROSS THE DAY |

Be active so your breathing and heart beats faster:

- Fast walking
- riding a bike or scooter
- playing sport

NSW HEALTHY NORMAL

This resource has been developed by Western Sydney Local Health District, published November 2018

### MURWILLUMBAH MAVERICKS

## Junior Competition

### \$50 per Player

Registration opens 1<sup>st</sup> August 2020  
First game 25<sup>th</sup> September 2020

STRUDDYS





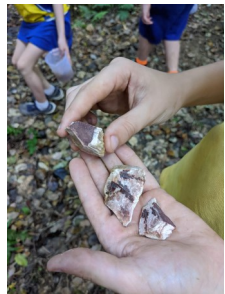
## YEAR 5 / 6 VOLUME DISPLACEMENT

Students used the water displacement method to find the volume of water displaced from different weighted objects they submerged. The students were able to discover that 1ml of water has a volume of 1 cm<sup>3</sup> they enjoyed the hands on activity outside in the sunshine.



## MINERALS AND CRYSTALS

Year 5/6 have been learning about minerals and crystals. We were very lucky to adventure down to our creek on the school property to see if we could find and identify any crystal. We were able to find a lot of quartz and other rocks.







## NIPPER SIGN ON FOR 2020-21 SEASON IS NOW OPEN

ONLINE REGISTRATIONS CAN BE COMPLETED AT

<http://www.cabaslsc.org.au/nipper-news/nipper-sign-on>

PLEASE COMPLETE PRIOR TO SUNDAY 27<sup>TH</sup> SEPTEMBER!

WE WILL BE RUNNING 2 X ONLINE REGISTRATION HELP DAYS AT THE CLUB ON SATURDAY 26<sup>TH</sup> & SUNDAY 27<sup>TH</sup> OF SEPTEMBER 2020 9AM TO NOON. THE UNIFORM SHOP WILL BE OPEN TO PURCHASE

YOUR PINK HIGH VIS RASHIE

Other important dates:

SUNDAY 18<sup>th</sup> October 2020 – Nipper Season commences with Compulsory Pool Proficiency & Water Safety at TRAC Kingscliff

SUNDAY 25<sup>th</sup> October – Back up Pool Proficiency at TRAC Kingscliff

SATURDAY 20<sup>th</sup> December – Last day of Nippers before Christmas holidays

SUNDAY 17<sup>th</sup> January – First day of Nippers after Christmas holidays

SUNDAY 14<sup>th</sup> March 2020 – Final day of Nippers / AGM / Presentation Day

Nipper registrations fees 2020/21 Season:

Under 6 to Under 7: \$100.00 (or nil with Active Kids voucher)

Under 8 to Under 14: \$130.00 (or \$30 with Active Kids voucher)

Parents/Guardians\* (Associate Membership): \$40.00

Age Managers & Active Helpers (General Membership): \$30.00

Board Hire (Board Hire Agreement must be signed): \$70.00

\*Please note, at least one parent must also be a club Member (General, Active or Associate) for their child to participate.







**ADVERTISE YOUR BUSINESS IN OUR SCHOOL  
NEWSLETTER FOR \$100 A YEAR.  
CONTACT THE OFFICE FOR MORE INFORMATION**



**Seventeen  
Brilliant Books**





*Author: Helen Schiller Brilliant  
Illustrator: Kylie "Dinni" Johnston*



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Illustrator: Kylie "Dinni" Johnston*

**\$15 each  
for School  
Families**

**Book #3:  
Stumpy the Water Dragon  
at the Beach!  
Coming Nov./Dec.  
2020**



**STUMPY**  
The Water Dragon



**RAINBOW  
GEOCKO**



**FRED**  
The Giant Tree Frog



**Dinni**

*Author Helen Schiller Brilliant  
Illustrator Kylie "Dinni" Johnston*

Kylie: 0416 801 082  
seventeen17.brilliant.books@gmail.com

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**0487 730 586**  
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**Kylie Johnston**  
Artist  
0416 801 082  
tigerangel777@hotmail.com

Illustrations  
 Wall Murals  
 Personalised Cards  
 Cards Designs  
 Cakes & Cookies  
 Wedding Stationery  
 Tattoo Design  
 Canvas Art  
 Art Prints  
 Logo & Graphic Design  
 Manga Lessons  
 Fan Art  
 Photo Editing & Repair


Checkout my Facebook Page  
& Follow on Instagram  
@KyliesKreations17











**BLOOMWELL OT**  
Mobile Paediatric Occupational Therapy  
**NDIS Registered Provider**

**Supporting children up to 17 years old**

- Fine and gross motor skills
- Cognitive skills
- Emotional skills / management
- Social skills
- Sensory processing
- Visual motor skills
- Visual perception
- Toileting and self-care

Servicing Regional Tweed Valley south to Ocean Shores & west to Kyogle

Call us and discuss how we can support you.

Jane Ganer – Bach Occ. Therapy, AHPRA Registered, Member OTA

Email: [jane@bloomwell.com.au](mailto:jane@bloomwell.com.au) Mobile: 0428 422 346

Web: [www.bloomwell.com.au](http://www.bloomwell.com.au)



**Health**  
Northern NSW  
Local Health District

